







The Anger Game:





For every  say one thing that makes you angry.

For every  say one thing that you can do to cool off when you are angry

For every  say one way you can show self control at school.

For every  describe a time when it was hard for you to show self control.

For every  describe a not so good choice you made when you were angry.

For every  describe a good choice you can make when you are angry.